

About the authors.

A. T. Flowers – A Trailblazer.

Along with Third Way insights, A. T. takes the reader on a thought-provoking, crash course of a journey through the emotional terrain of her dysfunctional, eventually illuminating life. Feel her pain, learn from her mistakes, and root for her survival as her spiritual, goddess femininity gains strength.

Stella Fletton – A Spiritual Warrior.

Along with simple guides to using spiritual tools to support one's life journey, Stella focuses inwards to the potent wealth of love quietly waiting deep inside of us primed to spark into something wonderful. Through the futuristic eyes of an Aquarian Water-bearer, catch a glimpse into a future that ushers in the Rise of the Feminine. Her bold, Third Way insights may be beyond serious consideration for most, and outright scary for others.

Charlotte Pardy - Meditation expert, Psychotherapist, and the Mother Wound Whisperer.

Charlotte's nuggets of wisdom sprinkled throughout teaches how you can heal your wounds using relaxation and meditation techniques that prevent long term emotional issues. Relaxation, positive affirmations, and supportive self-help offerings bring a fresh approach to understanding spirituality.

The Aquarian age is upon us now, and A. T. Flowers, Stella Fletton, and Charlotte Pardy understand a great deal about navigating it.